Technology

Earning your degree will present enough challenges—do not let technology stand in your way! A decent computer, a good internet connection, some basic skills, and a little confidence form the recipe for success. Read further to learn how to avoid common pitfalls

Have a computer that runs well

The most basic technology requirement is to have a computer that functions well. While writing an important research paper or taking tests online, your computer should perform predictably. Consider the following tips:

- Ensure your computer meets the recommended minimum standards. Computers that do not meet the minimum recommended standards tend to run more slowly, malfunction, and behave unpredictably.
- Avoid upgrading beyond your needs or comfort level—anything else could prove to be distracting in having to manage the newest, latest, and greatest.
- Regent has some agreements for special offers for hardware, and students can get Office 365 at no cost.
- Be mindful of when and where you will use your computer most. You may prefer a desktop computer in lieu of a laptop if you will spend many hours using it for school.
- Contact Regent's Information Technology department if you have any questions.

Have a stable, high-speed internet connection

The key to technological capability for earning your degree is reliability. Faster speeds and stability are required to upload and download documents, watch videos and listen to audio, and even participate in class discussions involving audio, video, and data transmission simultaneously. If you cannot get a high-speed internet connection (at least 25 Mbit/s downstream and 3 Mbit/s upstream) in your home, consider finding someplace where you will be allowed unrestricted internet access and be able to listen to presentations or participate in discussions freely without creating a disturbance.

Have confidence in using basic technology

Once you have a running computer and a stable high-speed connection, it is important that you have some basic skills. Students must be able to use email, navigate websites, conduct internet searches, and use Microsoft Office (or something similar). Regent students also need to use Genisys, CANVAS, and the Regent Library online resources. Consider the following links if you need to gain proficiency in any of these areas:

- Regent's IT Reference Center
- Microsoft Office 365
- Email (video)
- Navigating websites