

Professor Alicia Cooper, MSN, RN, PMHNP-BC
Lecturer, Director of Clinical Training
Regent University

EDUCATION

2024-Present Doctor of Nursing Practice, APRN, Regent University
2022-2024 Master of Science in Nursing, APRN-PMHNP, Regent University
2017-2019 Bachelor of Science in Nursing, Capella University
2013-2016 Associate of Applied Science in Nursing, RN, Tidewater Community College Beazley School of Nursing

PROFESSIONAL EXPERIENCE

REGENT UNIVERSITY – COLLEGE OF HEALTH & BEHAVIORAL SCIENCES

Nursing Faculty, Lecturer, Director of Clinical Training | *Virginia Beach, VA | July 2024 – Present*
Oversee practicum and clinical rotation procedures and assist with student placement and licensure requirements. Faculty and lecturer among undergraduate nursing students in core BSN program. Embody and encourage a professional and personal relationship with the Lord, including the inspiration of students and others. Participation in scholarship and research efforts within the School of Nursing and collaborative departments within the university. Additional duties as assigned by the Dean of the College of Health and Behavioral Sciences and Director of the School of Nursing.

SENTARA VIRGINIA BEACH GENERAL - PSYCHIATRIC EMERGENCY RESPONSE SERVICES

BSN, RN - PERS Bedflow Coordinator | Virginia Beach, VA | March 2022 - Present
Registered Nurse overseeing the Sentara Healthcare Systems Acute Psychiatric Placement. Core responsibilities include medical chart review and admission criteria for system-wide behavioral health units. Clinical collaboration and communication with other clinicians, physicians, emergency staff, psychiatry, and other ancillary members to facilitate bed availability and placement for acute inpatient treatment. Development and implementation of standardized workflow for community services (CSB) referrals. Trained and taught new software/workflow OnBase program to unit providers. Training and onboarding new hire RNs.

SENTARA VIRGINIA BEACH GENERAL HOSPITAL EMERGENCY DEPT

BSN, RN | Virginia Beach, VA | September 2020 - March 2022
A registered nurse specializing in acute, trauma, and critical care patients. Team leader for acute care assignments, mentor, and preceptor. Clinical nurse with collaboration and rapport among all care teams, including nurses, techs, physicians, ancillary departments, and leadership teams.

SENTARA LEIGH HOSPITAL INTEGRATED CARE MANAGEMENT.

BSN, RN | Norfolk, VA | December 2019 – September 2020
Registered Nurse Case Manager and for Integrated Care Management. Responsible for the care transition of patients among the inpatient units and discharge process from the hospital. Collaboration with all care teams, including physicians and staff, to facilitate a safe and effective transition to home for an entire nursing unit.

SENTARA LEIGH HOSPITAL EMERGENCY DEPT

BSN, RN | Norfolk, VA | December 2016 – September 2020
Registered Nurse in highest volume ED in Sentara System. Practice specialty focuses on critical care, sepsis, STEMI, stroke, and other care coordination. Advocate for utilizing the latest evidence-based

practice throughout the nursing process. Focused care charge experience, team lead, preceptor, and other leadership roles.

SENTARA VIRGINIA BEACH GENERAL HOSPITAL 4WW

NCP | Virginia Beach, VA | July 2015 – December 2016

The nursing care partner on the medical-surgical floor is responsible for 8-12+ patients per shift. Safety partner for 1:1 patients; floats to CCU, Step Down, Cardiac, ED, and other floors as needed.

PRIVATE DUTY

Private Care CNA: Case Manager | Virginia Beach, VA | September 2013 – July 2015

Ensure proper care for stroke patients in home care settings, including assisting with ADLs, doctor appointments, meals, medication, and blood glucose checks; management of two other employees and schedule coordinator.

THE MEMORY CENTER

CNA | Virginia Beach, VA | February 2013 – July 2013

Assist with ADLs for various patients, including Alzheimer's/Dementia and those receiving hospice care.

PRIVATE DUTY

Private Care CNA: Case Manager | Virginia Beach, VA | November 2012 – February 2013

End-of-life care for patients receiving hospice services—a multidisciplinary approach with collaboration of hospice agencies.

SEASIDE ATLANTIC SHORES

CNA | Virginia Beach, VA | February 2012 – November 2012

Skilled/Acute care nursing facility assigned to 8-16 patients per shift. My duties include ADLs, collaboration with physical and occupational therapy, and assistance with numerous rehabilitation interventions.

SENIOR CORP

CNA: Home Care Aide | Virginia Beach, VA | September 2011 – May 2012

Home health aide to patients with varied health conditions; Advanced training in Alzheimer's and hospice care.

PROFESSIONAL LICENSURE/CERTIFICATION

Registered Nurse in VA (multi-state licensure) #0001267824

Advanced Practice Registered Nurse in VA #0024191839

BLS

ACLS

PALS

PRESENTATIONS

Co & Presenting Author for SGS Annual Conference: April 4th, 2024 | Greenville, SC
Mental Health and Cognitive Functioning in Older Adults with Chronic Pain: *The Role of Pain Management in Promoting Healthy Aging*

Poster Presentation Author for UVA Advancing Professional Growth, Education & Excellence (APOGEE) Conference: October 10-11th, 2024 | Charlottesville, VA
Acute Consult Liaison Service for Mental Health: An Integrated Literature Review

CONFERENCES ATTENDED

Sentara Healthcare Critical Care Symposium, Norfolk, VA. October 2017, 2018

Sentara Healthcare Stroke Symposium, Williamsburg, VA., May 2020

Southern Gerontological Society (SGS) Annual Conference, Greenville, SC. April 4th, 2024

UVA Advancing Professional Growth, Education & Excellence (APOGEE) Conference, Charlottesville, VA., October 10-11th, 2024

VOLUNTEER WORK

Sentara Healthcare Flu Vaccination Clinics, Norfolk, VA. October 2017, 2018, 2019

Wave Church & Wave City Care – SERVE Day, Virginia Beach, Virginia – August 2024

CONSULTING WORK

MSN-APRN Capstone Defense – Regent University, Acute Consult Liaison Service for Mental Health, August 2023 – August 2024.

Mental Health and Cognitive Functioning in Older Adults with Chronic Pain: *The Role of Pain Management in Promoting Healthy Aging*, April 2024.

PROFESSIONAL AFFILIATIONS AND DEVELOPMENT

2014-Present Phi Theta Kappa Honor Society

2016-2019 Emergency Nurses Association, Member

2019-Present Sigma Theta Tau International Honor Society of Nursing

2021-Present American Nurses Association, Member

2023-Present American Psychiatric Nurses Association, Member

LEADERSHIP, RECOGNITION AND AWARDS

Outstanding Student Award for Academic Excellence Recipient MSN-APRN (Regent University, May 2024)

Mary Meyer/Alice Pyle Memorial Scholarship Recipient (2023-2024)

Cheryl P. McLenskey Academic Honorary Scholarship Recipient (2023-2024)

Key Contributor Award – Sentara Healthcare PERS for OnBase System Build | December 2022

Student Body Representative for MSN-PMHNP program at Regent University | October 2022 – August 2024

Bedflow Coordinator-RN Representative for SVBGH Behavioral Health Practice Council | May 2022 –
April 2024

SLH ED Partnership Chair | October 2018 – December 2019

Mentorship Program Lead | August 2017 – December 2019

SLH ED Magnet Representative | August 2017 – December 2018

Vice President of Student Nurse Association at TCC | April 2015 – January 2016